



ASSEMBLIES of GOD
WORLD MISSIONS

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ACHOO!

Germ warfare

"The enemy has been located. Prepare for battle!"

Did you know there's a war going on inside your body? You can't see or hear it, but the fighting gets pretty intense at times. You are constantly exposed to germs that could make you sick. Sometimes these germs get inside you and prepare for an invasion. But God has given you an amazing line of defense: your immune system.

The immune system is always working to keep you healthy. When a harmful germ enters your body, white blood cells are sent to destroy it. White blood cells are like tiny soldiers marching around inside your blood. There are many different kinds of white blood cells. Each one has its own job to do. Some locate and point out dangerous bacteria, while others go on the attack.

Sometimes things get past our immune systems, and we still get sick. But the One who created our amazing bodies knows just how to fix them.

"Jesus went throughout Galilee ... preaching the good news of the kingdom, and healing every disease and sickness among the

people" (Matthew 4:23, NIV).

The Bible tells of many times when Jesus healed sick people. Jesus heals people today, too. It's good to know we can call on Him in prayer for all our needs.



Try this!

Ask an adult to cut a clean, peeled potato in half. After playing outside, rub one half of the potato all over your unwashed hands. Seal the potato in a zipper bag, and label it "unwashed." Wash your hands well before handling the other half. Place that potato half in a zipper bag labeled "washed." Put both bags in a dark place, such as a closet, for about a week. Then check to see which one grew the most mold. Both potatoes should have some mold, but the one you handled with unwashed hands will likely have more. Mold is a fungus, but illustrates how bacteria multiply. Remember that washing with soap and water gets rid of bacteria that can make you sick.



JUST FOR laughs

Did you know?

Some of the things that make you feel sick — like a fever or upset stomach — are signs that your immune system is working to eliminate invading germs.

Your spit, or saliva, is part of your immune system. It contains acids that kill some germs.



What can run for days on end without getting tired?
Your nose.

When is chicken soup bad for your health?
When you're a chicken.

Enter to win!

(Recommended for ages 8 and up with adult supervision.) A coiled spring in the Space Phone science toy creates wacky sounds for a fun conversation like no other. Enter online by October 7 at pe.ag.org or mail an entry post-marked on or before that date to Space Phone Giveaway, *Pentecostal Evangel*, 1445 N. Boonville Avenue, Springfield, Mo. 65802. Include a daytime phone number. You must have a parent's permission to enter.

